



YUFE Mobility Star Fact Sheet

General description

The YUFE Mobility Star is awarded to students who engage in physical or virtual mobility through academic courses or extracurricular activities. The main goal of the YUFE Mobility Star is to encourage students and learners to gain international experience as part of their education and to seek interaction with different cultures and mindsets. The YUFE Mobility Star also has different levels, which depend on how many international courses/activities a student does – a higher number of such experiences results in a higher level of the YUFE Mobility Star.

Activities

A YUFE Mobility Star level can be obtained through:

- 1) Academic activities – acquiring (at least) 12 ECTS through academic YUFE courses, either through:
 - physical study (i.e. enrolling in and completing academic courses through physical mobility) at another university within the YUFE Alliance
 - virtual study (i.e. enrolling in and completing online academic or language courses) at another university within the YUFE Alliance
- 2) Non-academic activities – participating in activities organised or offered by another university within the YUFE Alliance:
 - Civic engagement activities, e.g. YUFE Help Desks, YUFE Community Volunteering, YUFE @Home (for more details please refer to the Civic Star fact sheet)
 - Professional activities, e.g. YUFE Entrepreneurial Initiatives, YUFE Challenge Teams, YUFE Work&Learn (for more details please refer to the Professional Star fact sheet)
 - Language learning activities (for more details please refer to the Language Star fact sheet)

Competences

Through the international dimension of various YUFE activities, you will be developing your intercultural competences, such as cultural intelligence, cultural sensitivity and empathy, cross-cultural communication and sensitivity to diversity. You will also work on your personal development through skills and characteristics such as adaptability and flexibility, autonomy and self-efficacy, confidence and interpersonal skills. Finally, you will also develop your professional skills and benefit from higher employability and international career outlook.

These competencies are part of and/or reflected in the YUFE Competency Profile which contains competencies that have been identified as those that a YUFE student will have acquired or further developed by successfully taking part in and completing the YUFE DST and YUFE Star System.

The competences that the YUFE Mobility Star activities most contribute to are highlighted in bold

	GLOBAL LITERACY / SYSTEMS THINKING	SOCIAL RESPONSIBILITY / NORMATIVE COMPETENCE	TRANSFORMATIVE ENGAGEMENT
KNOWLEDGE	European Identity and Responsibilities in a Global World (as of AY21/22) Citizens' Well-being (as of AY21/22)		

SKILLS	Intercultural communication	Moral/ethical reasoning	(Glocal) participatory action
	Perspective-taking	Personal responsibility	Change agency
	Self-reflection	Active listening	Connecting and collaborating
	Complex problem solving	Upstander skills	Conflict resolution
	Critical thinking	Emotion regulation	Design thinking
ATTITUDES AND OTHER CHARACTERISTICS	Commitment to inclusion	Integrity	Courage
	Respect	Sense of purpose	Trust
	Humility	Fairness	Resilience
	Curiosity	Empathy	Serenity

Workload

The workload of each level of the YUFE Mobility Star is essentially equal to the workload of the activity that the student/learner is engaging in through mobility. The international and intercultural dimension of students' and learners' experiences is integrated in and will be achieved through activities which are a part of their physical or virtual mobility.

The minimum workload is therefore 12 ECTS for academic mobility, whereas for non-academic mobility (extracurricular activities) the workload will be based on the specific activity the student is engaging in (e.g. YUFE Challenge Teams, YUFE Help Desks etc.).

The total workload will then depend on how many "levels" of the YUFE Mobility Star a student chooses to pursue and is calculated as combined workload of all underlying activities that a student engages in through mobility.

For example, if a student completes academic courses totalling 12 ECTS points as well as one of the civic engagement activities (in order to obtain the YUFE Civic Star), the student will obtain two levels of the YUFE Mobility Star, and the total workload will be a sum of the academic courses' workload and the civic engagement activity's workload.

YUFE Star Award Criteria

In order to be awarded the YUFE Mobility Star, you will need to:

- Acquire (at least) 12 ECTS through physical or virtual study mobility (completing courses at another YUFE university than your own); or
- Acquire (at least) one of the other three YUFE Stars (Professional, Civic or Language) through activities offered or organised by another YUFE university; and
- complete the Reflection Report (included in the Personal Development Plan)

Maastricht University ↔ Nicolaus Copernicus University in Torun ↔ Universidad Carlos III de Madrid University of Antwerp ↔ University of Bremen ↔ University of Cyprus ↔ University of Eastern Finland University of Essex ↔ University of Rijeka ↔ Tor Vergata University of Rome ↔ ETS Global European Entrepreneurs CEA-PME ↔ Kiron Open Higher Education gGmbH ↔ The Adecco Group