



YUFE Co-Creation Agreement

Welcome to YUFE!

Our most important goal is to put students at the forefront of creating our European University!

Imagine that you can create your own curriculum, choosing from academic courses offered at any of the YUFE universities. You could study, learn a language, do volunteer work and professional training in ten different countries. The information for organising your own individual learning experience will be at your fingertips and all activities and accomplishments will be acknowledged on your YUFE Diploma Supplement. We are also working on issuing a true European Diploma recognised throughout Europe in the future.

And with this call for applications, you could be part of the first group of students piloting our European University: the Young Universities for the Future of Europe (YUFE).

With this Co-Creation Agreement, we would like to share YUFE's goals and vision with you and ask you to confirm that you will work with us to further develop and optimise our European University.

Please read the following paragraphs carefully and sign at the end on page 4.

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If you have any questions please refer to YUFE's FAQ on the website www.yufe.eu or email admission@yufe.eu

A. YUFE Objectives

- The YUFE Open Programmes will make Europe-wide higher education a reality for students from all backgrounds. Personalised academic curricula will be the backbone of an equitable, diverse and effective education system that recognises and optimally fosters individual talents. The YUFE Alliance will provide students with unique opportunities to be trained in an inclusive, research and work-based learning ecosystem leading to interdisciplinary and inter-sectoral knowledge and skills that will allow them to contribute to addressing current and future challenges.
- YUFE students will also have access to YUFE-wide extracurricular activities paired to an innovative recognition system based on YUFE Stars. YUFE Stars will be awarded for mobility (physical or virtual), language skills development, professional skills training, job-shadowing, and community volunteering. The YUFE Star System aims to be accessible and rewarding, allowing students to fully pursue personal and professional development while experiencing the possibility to contribute as individuals to have a European-wide impact. These YUFE Stars will also be featured on the YUFE Diploma Supplement. The YUFE Diploma Supplement records students' studies and language/civic engagement/professional activities

across YUFE partners and complements the (local) university degree awarded on completion of the programme taken within the student's main university.

- By collecting YUFE Stars which are reported on the YUFE Diploma Supplement, students will benefit from a new world of European opportunities, managed through the YUFE Virtual Campus.
- The YUFE Alliance cherishes the linguistic richness of Europe, convinced that multiple language skills are crucial components in enhancing opportunities for professional development and employment. YUFE supports the aim of the EU language policy to have European citizens master two foreign languages in addition to their mother tongue.

B. YUFE Commitments

YUFE Diploma Supplement Track (DST)

- YUFE will be testing the first version of the YUFE DST and the YUFE Star System with a first group of YUFE Students.
- For this first version, a maximum of 100 places are available due to the fact that the system is still only being piloted. YUFE will select ten students per institution from a maximum of 40 applicants per university in the YUFE Alliance. The selection process is based on motivation.
- These 100 YUFE students will be allowed to take part in this first test version of the YUFE DST for a maximum period of two years, starting at the end of 2020 and ending on 1 December 2022.
- During this two-year period, this first cohort of a 100 YUFE students will work on their own personal learning goals, aiming to achieve at least the minimum requirements for the attainment of the YUFE Diploma Supplement. YUFE students may of course choose to exceed these minimum requirements and will be supported accordingly.
- YUFE will offer the selected YUFE students the opportunity to take up YUFE academic courses (online and/or physically), online YUFE language training, YUFE civic engagement activities and YUFE professional training activities at universities in the YUFE Alliance other than their own until 1 December 2022.

YUFE DST Minimum Requirements

- YUFE DST Minimum Requirements are a set of criteria that need to be met in order for the student to receive a YUFE Diploma Supplement. These minimum requirements serve to ensure that all the students who receive a YUFE Diploma Supplement have been strongly engaged with the YUFE initiative.
- YUFE will issue a YUFE Diploma Supplement (with YUFE Stars) as soon as an accepted YUFE student in the YUFE DST has:
 - Completed a minimum of 12 ECTS for (online/physical/blended) academic courses at another university in the YUFE Alliance other than their own university; and
 - Completed a minimum of two YUFE Stars (including at least the Mobility Star); and
 - Participated in a minimum of three lectures from the YUFE Academy and shared a personal reflection with YUFE; and
 - Taken all YUFE Induction courses.
- If a YUFE student has met all the minimum requirements to obtain the DST before the deadline of 1 December 2022, YUFE will ask them if they want to take up more courses/activities in the remaining time.

Diploma Supplement Track Course Information

- YUFE offers academic courses that upon successful completion award ECTS. These ECTS however will not automatically be part of the students' academic programme at the university they are enrolled at.
- YUFE encourages YUFE students to check with their Programme Directors if the ECTS for the completed YUFE courses of their choice can be accepted as an intra-curricular part of their academic programme.
- YUFE accepts both intra-curricular and extra-curricular ECTS from YUFE courses/activities for the YUFE DST.

YUFE Star System

- The YUFE Star System is an innovative system that rewards YUFE students for taking up extra-curricular YUFE activities and for reflecting on their learning goals by means of Personal Development Plans.
- A description of the current four YUFE Stars is attached to this Co-Creation Agreement.

YUFE Virtual Campus

- The YUFE Virtual Campus is a unique and interactive virtual environment that contains information for all YUFE community members. It functions as the interactive red thread of our Alliance, bringing together all YUFE activities in a personalised digital environment.
- The YUFE Virtual Campus will be launched in 2020 and will include a Student Portal. In the Student Portal, students can apply to join the YUFE DST pilot, explore the academic and language courses offered, as well as take part in civic engagement and professional training activities and gain YUFE Stars.
- Additional features will be added during the first YUFE DST pilot phase, reflecting the needs and obligations of all YUFE community members.

C. Your competency profile

YUFE students who have successfully completed the YUFE DST will have acquired the following competencies:

1. **Knowledge** - Complement subject related knowledge acquired in their original degree programme with insights in at least one of the following areas: European identity and responsibilities in a global world, Citizens wellbeing, Digital societies or Sustainability.
2. **Language Proficiency** - Possess communication skills in at least one foreign language in addition to their native language and have knowledge of intercultural communication. Able to show how this has improved understanding of other European cultures and contexts.
3. **Employability Skills** - Combine multilingual competencies with soft skills (such as active listening and conflict resolution) and entrepreneurship. Able to show how this enables them to bring together perspectives and expertise, and to work and communicate effectively in multidisciplinary, intercultural and inter-sectoral teams.
4. **Research Skills** - Possess (at least) basic research skills and a certain degree of quantitative reasoning. They can solve problems on a scientific basis and develop new insights and knowledge that can permanently contribute to a positive change in our society.
5. **Digital Skills** - Use their digital and media literacy to contribute to a more cohesive Europe.
6. **Critical Thinking** - Are equipped with a high level of critical thinking and can reflect on their own personal development from a broader societal perspective.
7. **Impact and Initiative** - Have a genuine sense of impact and are aware of their own personal responsibilities. Take the initiative to promote equality, diversity and inclusion, and disseminate the importance of empathy and solidarity in our daily lives.

| | GLOBAL LITERACY / SYSTEMS THINKING | SOCIAL RESPONSIBILITY / NORMATIVE COMPETENCE | TRANSFORMATIVE ENGAGEMENT |
|--|---|--|-------------------------------|
| KNOWLEDGE | European Identity and Responsibilities in a Global World (as of AY20/21) Citizens Well-Being (as of AY21/22) Digital Societies (as of AY22/23) Sustainability (as of AY22/23) Including subject related competences | | |
| SKILLS | Intercultural communication | Moral/ethical reasoning | (Glocal) participatory action |
| | Perspective-taking | Personal responsibility | Change agency |
| | Self-reflection | Active listening | Connecting and collaborating |
| | Complex problem solving | Upstander skills | Conflict resolution |
| | Critical thinking | Emotion regulation | Design thinking |
| ATTITUDES AND OTHER CHARACTERISTICS | Commitment to inclusion | Integrity | Courage |
| | Respect | Sense of purpose | Trust |
| | Humility | Fairness | Resilience |
| | Curiosity | Empathy | Serenity |

D. Your contribution and engagement:

- I agree to be part of a pilot version of the YUFE DST as learner and co-creators of this programme.
- I agree to provide constructive feedback to YUFE in order to optimise the YUFE Open Programmes, the YUFE Star System and the YUFE Virtual Campus.

- I understand that YUFE academic courses will reward ECTS however that these are not automatically replacing ECTS within my own academic programme, at my own university. I will check with my own Programme Directors/faculty if YUFE ECTS could be accepted intra-curricular in my own academic programme. YUFE will place ECTS, regardless of whether they are intra-curricular or extra-curricular, on the YUFE Diploma Supplement.
- I understand that in order to obtain any of the YUFE Stars, I need to reflect on my personal learning goals by using YUFE Personal Development Plans. For the YUFE Language Star and the YUFE Professional Star, the Personal Development Plans will also be used as assessment of my work and achievements while pursuing the star.

E. Your signature

Personal details

First name:

Last name:

Registered (as a 2nd year bachelor or above) at the following university within the YUFE Alliance:

Academic programme enrolled in:

Date:

Signature:



YUFE Mobility Star Fact Sheet

General description

The YUFE Mobility Star is awarded to students who engage in physical or virtual mobility through academic courses or extracurricular activities. The main goal of the YUFE Mobility Star is to encourage students and learners to gain international experience as part of their education and to seek interaction with different cultures and mindsets. The YUFE Mobility Star also has different levels, which depend on how many international courses/activities a student does – a higher number of such experiences results in a higher level of the YUFE Mobility Star.

Activities

A YUFE Mobility Star level can be obtained through:

- 1) Academic activities – acquiring (at least) 12 ECTS through academic YUFE courses, either through:
 - physical study (i.e. enrolling in and completing academic courses through physical mobility) at another university within the YUFE Alliance
 - virtual study (i.e. enrolling in and completing online academic courses) at another university within the YUFE Alliance
- 2) Non-academic activities – participating in extracurricular activities organised or offered by another university within the YUFE Alliance:
 - Civic engagement activities, e.g. YUFE Help Desks, YUFE Community Volunteering, YUFE @Home (for more details please refer to the Civic Star fact sheet)
 - Professional activities, e.g. YUFE Entrepreneurial Initiatives, YUFE Challenge Teams, YUFE Work&Learn (for more details please refer to the Professional Star fact sheet)
 - Language learning activities (for more details please refer to the Language Star fact sheet)

Competences

Through the international dimension of various YUFE activities, you will be developing your intercultural competences, such as cultural intelligence, cultural sensitivity and empathy, cross-cultural communication and sensitivity to diversity. You will also work on your personal development through skills and characteristics such as adaptability and flexibility, autonomy and self-efficacy, confidence and interpersonal skills. Finally, you will also develop your professional skills and benefit from higher employability and international career outlook.

These competencies are part of and/or reflected in the YUFE Competency Profile which contains competencies that have been identified as those that a YUFE student will have acquired or further developed by successfully taking part in and completing the YUFE DST and YUFE Star System.

The competences that the YUFE Mobility Star activities most contribute to are highlighted in bold

| | GLOBAL LITERACY / SYSTEMS THINKING | SOCIAL RESPONSIBILITY / NORMATIVE COMPETENCE | TRANSFORMATIVE ENGAGEMENT |
|------------------|--|---|--------------------------------------|
| KNOWLEDGE | European Identity and Responsibilities in a Global World (as of AY20/21) | | |
| SKILLS | Intercultural communication | Moral/ethical reasoning | (Glocal) participatory action |

| | | | |
|--|---------------------------|--------------------------------|------------------------------|
| | Perspective-taking | Personal responsibility | Change agency |
| | Self-reflection | Active listening | Connecting and collaborating |
| | Complex problem solving | Upstander skills | Conflict resolution |
| | Critical thinking | Emotion regulation | Design thinking |
| ATTITUDES AND OTHER CHARACTERISTICS | Commitment to inclusion | Integrity | Courage |
| | Respect | Sense of purpose | Trust |
| | Humility | Fairness | Resilience |
| | Curiosity | Empathy | Serenity |

Workload

The workload of each level of the YUFE Mobility Star is essentially equal to the workload of the activity that the student/learner is engaging in through mobility. The international and intercultural dimension of students' and learners' experiences is integrated in and will be achieved through activities which are a part of their physical or virtual mobility.

The minimum workload is therefore 12 ECTS for academic mobility, whereas for non-academic mobility (extracurricular activities) the workload will be based on the specific activity the student is engaging in (e.g. YUFE Challenge Teams, YUFE Help Desks etc.).

The total workload will then depend on how many "levels" of the YUFE Mobility Star a student chooses to pursue and is calculated as combined workload of all underlying activities that a student engages in through mobility.

For example, if a student completes academic courses totalling 12 ECTS points as well as one of the civic engagement activities (in order to obtain the YUFE Civic Star), the student will obtain two levels of the YUFE Mobility Star and the total workload will be a sum of the academic courses' workload and the civic engagement activity's workload.

YUFE Star Award Criteria

In order to be awarded the YUFE Mobility Star, you will need to:

- Acquire (at least) 12 ECTS through physical or virtual study mobility (completing courses at another YUFE university than your own); or
- Acquire (at least) one of the other three YUFE Stars (Professional, Civic or Language) through activities offered or organised by another YUFE university than your own;
- complete the Reflection Report (included in the Personal Development Plan)

Maastricht University ↔ Nicolaus Copernicus University in Torun ↔ Universidad Carlos III de Madrid University of Antwerp ↔ University of Bremen ↔ University of Cyprus ↔ University of Eastern Finland University of Essex ↔ University of Rijeka ↔ Tor Vergata University of Rome ↔ ETS Global European Entrepreneurs CEA-PME ↔ Kiron Open Higher Education gGmbH ↔ The Adecco Group



YUFE Language Star Fact Sheet

General description

The YUFE Language Star is designed as a reward for the efforts you make in acquiring, improving and perfecting your language skills and competences through a combination of activities.

The YUFE Language Star programme is a threefold model and consists of (1) formal learning, combined with (2) practice and real- life experience of multilingualism, completed by a short personal reflection (3).

Your YUFE Language Star activities are assessed in various ways: formative evaluation by a lecturer or teacher, peer coaching and self-assessment. For each activity, the type of assessment will be indicated in the Personal Development Plan. You and/or the YUFE assessor will complete the data. Along the way, you will be asked to reflect on your language and cultural learning journey: your expectations and goals, your progress and actions, your insights. At the end, this Personal Development Plan will give an overview of the progress you made in the different activities leading you to the YUFE Language Star.

Activities

The following table gives you an overview of the different activities in the threefold model:

| OVERALL ACTIVITY | CONCRETE ACTIVITY |
|--|--|
| 1. Formal learning | Successful participation in one YUFE language course chosen from the YUFE course offer: English for Specific Purposes, English for Academic Purposes, or one of the local languages. |
| 2. Practice and experience: a range of initiatives in peer learning, autonomous learning, real-life use of language skills, etc. | a) active participation in a YUFE language café chosen from the YUFE course offer. A language café is led by a student tutor and focuses on informal conversation with a group of students/learners practicing the same foreign language. |
| | b) active participation in a YUFE language tandem chosen from the YUFE course offer. A language tandem is a bilateral language learning format based on the regular exchange between two people practicing each other's native language. |
| | c) completion of one or several self-study modules with the Open University . |
| | d) enrolment and successful participation in an academic YUFE course in the local or another foreign language (not English, not your native language) and/or consulting sources (articles, newspapers) and producing output in another language (not English, not your native language) |

| | |
|---------------|---|
| | for an assignment in an academic YUFE course (paper, presentation, project work). |
| | e) conducting (a part of) your YUFE Professional Star activities* (Work&Learn, Challenge Teams or Entrepreneurial activities) in English (except for native speakers) or in a foreign language. |
| | f) conducting (a part of) your YUFE Civic Star activities* (Help Desk, Community Volunteering, YUFE@Home) in a foreign language or in your native language while assisting learners of that language . |
| | g) playing an active role in a student association in English (except for native speakers) or in a foreign language. |
| 3. Reflection | Progressive completion of the Reflection Report throughout the YUFE Diploma Supplement Track |

* Refer to the YUFE Professional Star and YUFE Civic Star fact sheets for more information.

Competences

The main focus of the YUFE Language Star is on [multilingual competence](#), which is the ability to use different languages appropriately and effectively for communication.

Moreover, while participating in the Language Star activities, you will also develop some of the competences indicated below. These competences have been identified as those that a YUFE student will have acquired or further developed by successfully taking part in and completing the YUFE DST and YUFE Star System.

The competences that the YUFE Language Star activities most contribute to are highlighted in bold.

| | GLOBAL LITERACY / SYSTEMS THINKING | SOCIAL RESPONSIBILITY / NORMATIVE COMPETENCE | TRANSFORMATIVE ENGAGEMENT |
|--|--|--|--------------------------------------|
| KNOWLEDGE | European Identity and Responsibilities in a Global World (as of AY20/21) | | |
| SKILLS | Intercultural communication | Moral/ethical reasoning | (Glocal) participatory action |
| | Perspective-taking | Personal responsibility | Change agency |
| | Self-reflection | Active listening | Connecting and collaborating |
| | Complex problem solving | Upstander skills | Conflict resolution |
| | Critical thinking | Emotion regulation | Design thinking |
| ATTITUDES AND OTHER CHARACTERISTICS | Commitment to inclusion | Integrity | Courage |
| | Respect | Sense of purpose | Trust |
| | Humility | Fairness | Resilience |
| | Curiosity | Empathy | Serenity |

Workload

The following table gives you an overview of the workload for the different activities in the threefold model:

| OVERALL ACTIVITY | CONCRETE ACTIVITY | WORLOAD |
|---|--------------------------|--------------------------------------|
| 1. Formal learning ... counts as accomplished when one YUFE language | One YUFE language course | Depends on the language course taken |

| | | |
|--|---|--|
| course is successfully completed. | | |
| 2. Practice and experience ...counts as accomplished when two of the suggested activities are successfully completed. | a) a YUFE language café | Participation over the course of one semester; a minimum of 12 hours is required |
| | b) a YUFE language tandem | Participation over the course of one semester; a minimum of 12 hours is required |
| | c) self-study modules with the Open University . | A minimum of 12 hours is required |
| | d) an academic YUFE course in the local or another foreign language | Depends on the academic course taken |
| | e) YUFE Professional Star activities in English (except for native speakers) or in a foreign language. | A minimum of 12 hours is required |
| | f) YUFE Civic Star activities* in a foreign language or in your native language while assisting learners of that language | A minimum of 12 hours is required |
| | g) an active role in a student association in English (except for native speakers) or in a foreign language. | A minimum of one semester is required |
| 3. Reflection ...counts as accomplished when the Reflection Report is successfully completed. | completion of the Reflection Report | Requires between 15 to 30 hours, depending on your individual working style. |

YUFE Language Star Award Criteria

In order to be awarded the YUFE Language Star, you will need to have successfully completed within the timeframe of the YUFE DST at minimum:

- 1 language course in the YUFE course offer as part of the “Formal Learning” part (result = pass)
- 2 language activities of your choice amongst the suggested activities of the “Practice & experience” part (the Personal Development Plan contains a detailed description of the assessment criteria for each activity)
- the Reflection Report (included in the Personal Development Plan)

Maastricht University ↔ Nicolaus Copernicus University in Torun ↔ Universidad Carlos III de Madrid University of Antwerp ↔ University of Bremen ↔ University of Cyprus ↔ University of Eastern Finland University of Essex ↔ University of Rijeka ↔ Tor Vergata University of Rome ↔ ETS Global European Entrepreneurs CEA-PME ↔ Kiron Open Higher Education gGmbH ↔ The Adecco Group



YUFE Professional Star Fact Sheet

General description

The YUFE Professional Star recognises personal and professional development activities undertaken by students, staff or learners within YUFE. Activities will focus on identifying opportunities to improve existing solutions or develop new alternatives and on implementing positive changes and will have a strong problem-based orientation.

The YUFE Professional Star activities have been designed to provide YUFE Students (1) a learning ecosystem that is inclusive, research- and work- based , leading to interdisciplinary and inter-sectoral knowledge and skills acquisition, (2) personal and professional development through the participation in challenges to improve existing solutions or develop new alternatives, and (3) an international and inter-cultural ecosystem within the YUFE Alliance, fostering collaboration among research, education, industry and citizens.

The focus on the Professional Star is on Entrepreneurship and Innovation competences, related to the ability to always look further into proposed solutions that benefit every European citizen and region. The YUFE Professional Star is based on the [EntreComp](#) competency framework which is organised in three pillars:

- Ideas and opportunities: creativity and vision, spotting opportunities, valuing ideas, ethical and sustainable thinking
- Resources: self-awareness, motivation, financial and economic literacy and mobilising resources and others
- Ability to get into action: taking the initiative, planning and managing, coping with risk, working with others and learning through experience.

Activities

a) YUFE Challenge Teams (C)

Intensive team-based process for solving current and anticipated future social, scientific and technological challenges and bringing some novelty or innovation to the solution(s) in a collaborative, multidisciplinary and multicultural approach.

b) The YUFE Entrepreneurial Initiatives (E)

- a. Online training tasks (MOOCs, Talk Shows, Hackathons)
- b. Online support on entrepreneurial projects.
- c. Entrepreneurship summer school.

c) YUFE Work & Learn Initiative (to be available after AY 2020/21) (W)

Short-term job-shadowing or internships at small, medium and large companies and/or an entrepreneur across Europe.

Competences

While participating in the Professional Star activities, you will develop some of the competences indicated below. These competences have been identified as those that a YUFE student will have acquired or further developed by successfully taking part in and completing the YUFE DST and YUFE Star System.

The EntreComp competencies have been mapped to the YUFE Competency Profile and will therefore be taken into account when the student undertakes YUFE Professional Star activities.

| | GLOBAL LITERACY / SYSTEMS THINKING | SOCIAL RESPONSIBILITY / NORMATIVE COMPETENCE | TRANSFORMATIVE ENGAGEMENT |
|------------------|--|--|---------------------------|
| KNOWLEDGE | European Identity and Responsibilities in a Global World (as of AY20/21) | | |

| | | | |
|--|-------------------------------------|--------------------------------|---------------------------------------|
| SKILLS | Intercultural communication (W,C,E) | Moral/ethical reasoning(W,C,E) | (Glocal) participatory action (W,C,E) |
| | Perspective-taking (W,C,E) | Personal responsibility(W,C,E) | Change agency (C,E) |
| | Self-reflection (W,C,E) | Active listening (W,C,E) | Connecting and collaborating (W,C,E) |
| | Complex problem solving (W,C,E) | Upstander skills (C,E) | Conflict resolution (C,E) |
| | Critical thinking (W,C,E) | Emotion regulation (W,C,E) | Design thinking (C,E) |
| ATTITUDES AND OTHER CHARACTERISTICS | Commitment to inclusion (C,E) | Integrity (W,C,E) | Courage (W,C,E) |
| | Respect (W,C,E) | Sense of Purpose (W,C,E) | Trust (W,C,E) |
| | Humility (W,C,E) | Fairness (W,C,E) | Resilience (W,C,E) |
| | Curiosity (W,C,E) | Empathy (W,C,E) | Serenity (W,C,E) |

Workload

You need to undertake at least one of the YUFE Professional Star activities, with a minimum expected workload of 60 hours.

YUFE Star Award Criteria

In order to be awarded the YUFE Professional Star, you will need to have successfully completed within the timeframe of the YUFE DST at minimum:

- one of the three activities listed previously, with an expected workload as stated above
- the Reflection Report (included in the Personal Development Plan)



YUFE Civic Star Fact Sheet

General description

The YUFE Civic Star will be awarded for active citizenship related actions, in which universities and cities work together to develop solutions to local challenges, many of which are also of European and global relevance. Gaining the YUFE Civic Star means that you have developed your citizenship and personal competences as well as contributed to society.

You can take part in YUFE actions in society by choosing to participate either in the YUFE Help Desks, YUFE Community Volunteering Programme or YUFE@Home Initiative. It is not possible to mix the activities in order to gain the YUFE Civic Star. Through these activities and specific tasks, you will become an active member of society and co-build strong university-citizen communities. By doing so, you will contribute towards solving European challenges and co-create a more cohesive society for current and future generations living in Europe and beyond.

The work towards the YUFE Civic Star consists of training, the activity itself and self-reflection. Your achievement of the YUFE Civic Star will be assessed as “pass” or “no pass” based on the self-reflection report and the verification of worked hours by the YUFE.

The Personal Development Plan will give an overview of the progress you made in the journey leading you to the YUFE Civic Star.

Activities

YUFE Help Desks: In the YUFE Help Desks, you will answer citizens’ questions within your field of study, thus providing first-level assistance in a wide variety of subjects under the scope of the YUFE focus areas (European identity and responsibilities in a global world, Citizens Well-being, Digital Societies or Sustainability). The YUFE Help Desks also act as a front office to gather the needs and challenges identified by the citizens living in each of the YUFE cities and regions. The YUFE Help Desks will be supervised by university staff as YUFE Mentors, who will also be responsible for ensuring the quality of the assistance and/or service delivered. YUFE Help Desks can be physical, virtual or blended, including, for example, online service and pop-up Help Desks connected to events in the cities. For now, you can participate in a YUFE Help Desk organised by your university or any other YUFE university.

YUFE Community Volunteering Programme: You may also participate in volunteering activities in the neighbouring communities. These activities are organised with third party partners, Town halls, companies or other actors, but respect the principles and regulations of volunteering activity in each YUFE location (particularly, insurance, rights and commitments of volunteers, etc.). You do not need to volunteer in activities related to your field of study, but you can provide your insight, knowledge and skills to help citizens in a “giving and gaining” philosophy. The YUFE Community Volunteering Programme will enrich the social experiences of students, staff and citizens, providing a unique resource for the cities. For now, you can participate in the YUFE Community Volunteering Programme in your city or in any other YUFE city.

YUFE@Home Initiative: Through this activity, citizens, public organisations or dormitories offer accommodation to YUFE students and staff for partially or fully waived costs, in return for which they will contribute to relevant activities (e.g. work in retirement homes). This co-living experience increases understanding and integration between different generations, cultures, social and professional backgrounds. For you, having a ‘home’ when you are away from your family will provide you with important social support, and potentially have a positive impact on your overall health, including mental health and wellbeing. The benefits for hosts might include, for example, support in learning a language, support for young children, school children or senior citizens or practical support with housekeeping. You can only attend the YUFE@Home Initiative in a YUFE city that is not your home city.

Competences

While participating in the YUFE Civic Star activities, you will also develop some of the competences indicated below. These competences have been identified as those that a YUFE student will have acquired or further developed by successfully

taking part in and completing the YUFE DST and YUFE Star System.

The competences that the YUFE Civic Star activities most contribute to are highlighted in bold.

| | GLOBAL LITERACY / SYSTEMS THINKING | SOCIAL RESPONSIBILITY / NORMATIVE COMPETENCE | TRANSFORMATIVE ENGAGEMENT |
|--|--|--|--------------------------------------|
| KNOWLEDGE | European Identity and Responsibilities in a Global World (as of AY20/21) | | |
| SKILLS | Intercultural communication | Moral/ethical reasoning | (Glocal) participatory action |
| | Perspective-taking | Personal responsibility | Change agency |
| | Self-reflection | Active listening | Connecting and collaborating |
| | Complex problem solving | Upstander skills | Conflict resolution |
| | Critical thinking | Emotion regulation | Design thinking |
| ATTITUDES AND OTHER CHARACTERISTICS | Commitment to inclusion | Integrity | Courage |
| | Respect | Sense of Purpose | Trust |
| | Humility | Fairness | Resilience |
| | Curiosity | Empathy | Serenity |

Workload

Aims/goals for each particular activity (YUFE Help Desks, YUFE Community Volunteering and YUFE@Home) are predefined in the Personal Development Plan.

- For YUFE Help Desks, a participation of a minimum of 50 hours for extracurricular activities or 2 ECTS for activities within modules is required.
- For Volunteering activities, participation of a minimum of 50 hours is required.
- For YUFE@Home, a minimum of one semester in the programme with active involvement with the community is required.

YUFE Star Award Criteria

In order to be awarded the YUFE Civic Star, you will need to have successfully completed within the timeframe of the YUFE DST at minimum:

- The training module specifically tailored for the civic activity chosen
- One Civic activity (YUFE Help Desk, YUFE Community Volunteering activity or YUFE@Home)
- the Reflection Report (included in the Personal Development Plan)

Maastricht University ↔ Nicolaus Copernicus University in Torun ↔ Universidad Carlos III de Madrid University of Antwerp ↔ University of Bremen ↔ University of Cyprus ↔ University of Eastern Finland University of Essex ↔ University of Rijeka ↔ Tor Vergata University of Rome ↔ ETS Global European Entrepreneurs CEA-PME ↔ Kiron Open Higher Education gGmbH ↔ The Adecco Group